

**Client Advisory Committee Minutes**  
**August 19, 2010**

**Present:** Brenda, Glenda, Doug, Melissa, Melanie, Mike M, Mike S, Mike B, Brad  
**Guest:** Meryl Linton, FRC Volunteer and Board Member

**Regrets:** Terry C, Rose, LaVern

1. CAC Retreat- tentatively schedule for Oct 21. So far on the agenda will be the Workplan and the PSR Presentation.
2. FRC Newsletter- Meryl told us that Issue 3 will be coming out shortly. If we have any submissions for upcoming newsletters please pass them on to Meryl at FRC.
3. PSR Conference- Sept 21-23 in Ottawa. Mike S, Mike B and Andrew T will be presenting with Glenda and Melanie about Consumer Involvement at FCMHS.
4. Brad talked about the Mood Disorder Association of Ontario- Youth Group. It is at Ongwanada on Tuesdays at 530pm. It is a support group for people aged 14-30 years.
5. Recovery International group will be offered through FRC. Mike B will be one of the facilitators. It will start Sept 30 from 7-9pm at 385 Princess St.
6. Your Recovery Journey also facilitated by Mike B will be starting in October.
7. Client Event Planning Committee- Glenda discussed upcoming events- Fall event, Christmas Dinner etc. always looking for volunteers to assist with planning. Melissa volunteered to assist and Brenda usually assists with food through the Café.

**Next Meeting: September 16, 2010- 1pm**