

Client Advisory Committee Meeting
May 21, 2009

Present: Mike S.(Friendship Enterprises), Don (community), Jim (Residential), Robert (NSACT), Jennifer (Res), Rose (Voc), Melanie (Case Mgmt), Brenda (Voc), Glenda (Voc), Eleanor (Community), Mike B (NSACT, Peer Support), Karen (FACT, Peer Support) Doug (Voc).

Guest: Joanne Mayo (ACT Team Manager)

1. Karen and Mike B opened discussion about a meeting they will be going to in Toronto tomorrow with the Minister of Health's office. They will be discussing a number of items during that meeting including what are top 3 things that will help people to connect to services, what things would help to improve the system, what are the top 3 social determinants of health and what changes are necessary for improvements to be made in the health care system. They will report back to us at next meeting.
2. Joanne M was invited to discuss peer supports going in to HDH and if this is an option for our committee. Karen will discuss with David S @ HDH next week. Rose is interested in being a volunteer. Melanie will check with Peers of the Round Table to see if they might be doing this already. There is a group that does this at PC-MHS already. A much needed service.
3. Staff Retreat- Friday June 19. CAC will be presenting the Recovery Workshop for the staff. Agenda: 1. Victoria Maxwell- talking about recovery from Bipolar 2. Terry Krupa (FCMHS Board of Directors Chair)- talking about Recovery and PSR. 3. CAC presenting the Display Board, the Recovery Poster and Statement as well as Recovery Stories. Transportation will be arranged for CAC members- details to follow by the June 18 CAC meeting.
4. Recovery Statement- planning a meeting possibly for Thursday June 4 to develop a Recovery Statement for the agency. Trying to get Murray Hillier if possible.
5. Updating
 1. Recovery Poster- Karen
 2. Display Board- Melanie, Doug, Jim
 3. CAC Brochure- Don and Melanie
6. CAC Client Stories- looking for clients to write their stories- due June 12 in order to be included in Staff Retreat. FCMHS will get them typed if necessary. Focus on what interventions helped most in their recovery.
7. Client Advocate position- Melanie will keep it in focus for the strategic plan.
8. NAMI- Mike S will attend the next meeting to see if they would have a rep interested in joining our CAC.

9. The new and improved Client Information Website was reviewed and improved. We should be able to put it online within the next week or so.
10. Widening the Lens on Peer Support Conference- Melanie, Brenda, Robert, Jennifer, Terry, Karen and Mike attended the conference last month. Lots of great ideas were generated. Karen has the notes-perhaps she can bring them to the meeting next month.
11. Canada Post Foundation- Glenda and Melanie are working on a submission for funding for Peer Supports. Details to follow.

Next meeting: Thursday June 18- 1pm- Planning for Staff Retreat